

Menu Subject to Change Due To Product Availability And Quality



# Take Home Meal Plan

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast</b></p> <p>WG Blueberry Oatmeal Bar (2 grains) Applesauce (1/2c) Juice (1/2c) Milk (8oz)</p>	<p><b>Breakfast</b></p> <p>WG Poptart (1 grain) Applesauce (1/2c) Juice (1/2c) Milk (8oz)</p>	<p><b>Breakfast</b></p> <p>WG Honey/Cinnamon Roll (2 grains) Applesauce (1/2c) Juice (1/2c) Milk (8oz)</p>	<p><b>Breakfast</b></p> <p>WG Smart Chocolate Muffin (2 grains) Applesauce (1/2c) Juice (1/2c) Milk (8oz)</p>	<p><b>Breakfast</b></p> <p>Banana Bread Slice (2 grains) Applesauce (1/2c) Juice (1/2c) Milk (8oz)</p>
<p><b>Lunch</b></p> <p>WG Pre-Baked Bosco Sticks</p> <p>(remove from fridge and heat for 10-12 minutes at 350 or until browned)</p> <p>Carrot Sticks (3/4r) &amp; Ranch WG Bears Whole Fruit (1/2c) Milk (8oz)</p>	<p><b>Lunch</b></p> <p>WG Pre-Baked Corndog</p> <p>(remove from fridge and heat for 10-12 minutes at 350)</p> <p>Broccoli (3/4g) &amp; Ranch WG Cheez-its Whole Fruit (1/2c) Milk (8oz)</p>	<p><b>Lunch</b></p> <p>Pre-Baked Taco Beef, Cheese &amp; Refried Beans</p> <p>(remove from fridge and microwave as needed)</p> <p>WG Chips Whole Fruit (1/2c) Milk (1c)</p>	<p><b>Lunch</b></p> <p>Sliced Deli Turkey, Cheese Slice, and WG Bun</p> <p>Celery Sticks (3/4o) &amp; Ranch WG Bears Whole Fruit (1/2c) Milk (8oz)</p>	<p><b>Lunch</b></p> <p>WG Pre-Baked Chicken Nuggets</p> <p>(remove from fridge and microwave for 45 seconds)</p> <p>Black Bean &amp; Salsa Dip (1/2l, 1/4r) WG Chips Whole Fruit (1/2c) Milk (1c)</p>

Items in Blue go in refrigerator

NO PORK MENU SUBJECT TO CHANGE

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